

# Rising Vancomycin-Resistant Enterococcus Infections in Hospitalized Children in the United States

Daniel J. Adams, MD,<sup>a</sup> Matthew D. Eberly, MD,<sup>a</sup> Anthony Goudie, PhD,<sup>b</sup> Cade M. Nylund, MD<sup>a</sup>

**OBJECTIVE:** Vancomycin-resistant *Enterococcus* (VRE) is an emerging drug-resistant organism responsible for increasing numbers of nosocomial infections in adults. Few data are available on the epidemiology and impact of VRE infections in children. We hypothesized a significant increase in VRE infections among hospitalized children. Additionally, we predicted that VRE infection would be associated with certain comorbid conditions and increased duration and cost of hospitalization.

**METHODS:** A retrospective study of inpatient pediatric patients was performed using data on hospitalizations for VRE from the Healthcare Cost and Utilization Project Kids' Inpatient Database from 1997 to 2012. We used a multivariable logistic regression model to establish factors associated with VRE infection and a high-dimensional propensity score match to evaluate death, length of stay, and cost of hospitalization.

**RESULTS:** Hospitalizations for VRE infection showed an increasing trend, from 53 hospitalizations per million in 1997 to 120 in 2012 ( $P < .001$ ). Conditions associated with VRE included *Clostridium difficile* infection and other diagnoses involving immunosuppression and significant antibiotic and health care exposure. Patients with VRE infection had a significantly longer length of stay (attributable difference [AD] 2.1 days,  $P < .001$ ) and higher hospitalization costs (AD \$8233,  $P = .004$ ). VRE infection was not associated with an increased risk of death (odds ratio 1.03; 95% confidence interval 0.73–1.47).

**CONCLUSIONS:** VRE infections among hospitalized children are increasing at a substantial rate. This study demonstrates the significant impact of VRE on the health of pediatric patients and highlights the importance of strict adherence to existing infection control policies and VRE surveillance in certain high-risk pediatric populations.

## ABSTRACT

www.hospitalpediatrics.org

DOI:10.1542/hpeds.2015-0196

Copyright © 2016 by the American Academy of Pediatrics

Address correspondence to Daniel J. Adams, MD, Department of Pediatrics, Uniformed Services University, 4301 Jones Bridge Road, Bethesda, MD, 20814. E-mail: daniel.adams@usuhs.edu

HOSPITAL PEDIATRICS (ISSN Numbers: Print, 2154-1663; Online, 2154-1671).

**FINANCIAL DISCLOSURE:** The authors have indicated they have no financial relationships relevant to this article to disclose.

**FUNDING:** No external funding.

**POTENTIAL CONFLICT OF INTEREST:** The authors have indicated they have no potential conflicts of interest to disclose.

The views expressed in this article are those of the authors and do not reflect the official policy or position of the United States Air Force, Department of Defense, or the U.S. government. Title 17 U.S.C. 105 provides that "copyright protection under this title is not available for any work of the United States Government." Title 17 U.S.C. 101 defines a United States government work as "a work prepared by a military service member or employee of the United States government as part of that person's official duties." This work was prepared as part of the official duties of Drs Adams, Eberly, and Nylund.

<sup>a</sup>Department of Pediatrics, F. Edward Hebert School of Medicine, Uniformed Services University of the Health Sciences, Bethesda, Maryland; and  
<sup>b</sup>Department of Pediatrics, University of Arkansas for Medical Sciences, Little Rock, Arkansas

Enterococci are gram-positive organisms that are natural colonizers of human and animal gastrointestinal tracts. These bacteria are relatively nonvirulent and before 1970 were only rare causes of severe infection.<sup>1</sup> Vancomycin-resistant *Enterococcus* (VRE) was first reported in 1987 in Europe, where it established a reservoir in healthy humans and animals but remained an uncommon cause of nosocomial infection.<sup>2,3</sup> In contrast, over the next decade in the United States, it rapidly emerged as a source of hospital-acquired infection among critically ill patients and in units with high rates of antibiotic use.<sup>4</sup> The incidence of adult VRE infections in US hospitals has more than doubled in recent years, from 9820 cases per year in 2000 to 21 352 in 2006.<sup>5</sup>

Enterococci are tolerant to chlorine, heat, and some alcohol preparations and can survive for long periods on environmental surfaces, which aids in their nosocomial transmission.<sup>6</sup> An additional challenge to treating infections with these organisms is their intrinsic resistance to several classes of antimicrobial agents, including cephalosporins and aminoglycosides, and their ability to accumulate additional resistance genes through plasmid transfer.<sup>7</sup> It is the accumulation of the *van* genes, which code for enzymes that alter the vancomycin binding target on the bacterial cell wall, that allows enterococci to become resistant to vancomycin.<sup>8</sup> VRE now make up ~30% of all enterococcal infections, >90% of which are *Enterococcus faecium*.<sup>9</sup> We know from studies in adults that nosocomial spread of VRE is not benign. A study of 300 adult patients with enterococcal bacteremia revealed that those with VRE bacteremia had significantly higher proportions of clinical failure and all-cause mortality than those with vancomycin-susceptible *Enterococcus* bacteremia.<sup>10</sup>

Although the rise in incidence of VRE infection in adults is well described, there is a paucity of data on the epidemiology and impact of this infection in children. In one small pediatric study, 24% of those admitted to the hematology/oncology unit had asymptomatic carriage of VRE, highlighting the significant risk of VRE transmission among certain groups of

hospitalized children.<sup>11</sup> Using a large national database of hospitalizations in children, we sought to evaluate the scope and trend of VRE infections in children, the conditions associated with VRE infections, and the impact of VRE infections on hospitalized pediatric patients. Based on the recent rise of VRE infections in adult populations, we hypothesized a significant increase in VRE infections among hospitalized children. Additionally, we predicted that VRE infection would be associated with certain comorbid conditions and procedures involving prolonged hospitalization, immune suppression, and broad-spectrum antibiotic exposure. Finally, we hypothesized that children with VRE infection would have longer and more costly hospitalizations and higher mortality.

## METHODS

### Data Source

Data on hospitalizations in children and adolescents  $\leq 18$  years old with VRE infection were obtained from the triennial Healthcare Cost and Utilization Project Kids' Inpatient Database (HCUP-KID), sponsored by the Agency for Healthcare Research and Quality. The HCUP-KID database is made up of a stratified random sample of inpatient discharges during the 6 time periods used in our study: 1997, 2000, 2003, 2006, 2009, and 2012. The database includes discharge data from 22 to 44 states (depending on the year), and for 2012, it represented an estimated 95.6% of all pediatric hospitalizations in the United States.<sup>12</sup> Each database record represents a hospital discharge and, for years 1997 to 2006, includes  $\leq 15$  *International Classification of Diseases, Ninth Revision, Clinical Modification* (ICD-9-CM) diagnostic codes and  $\leq 15$  current procedural terminology codes. For 2009 and after, it was expanded to include  $\leq 25$  diagnostic codes. Based on the scope of its representation, HCUP-KID assigns an individual-level population weight that allows for an estimation of national case rates and trends.<sup>12</sup>

### Variable Definition

We selected cases by searching the HCUP-KID database for the ICD-9-CM code V09.8.

This code is devoted to infections with microorganisms resistant to specified drugs and includes vancomycin-intermediate *Staphylococcus aureus* (VISA), vancomycin-resistant *Staphylococcus aureus*, and VRE. VISA cases in adults are extremely rare, with an estimated US prevalence of 0.3% of all *S. aureus* isolates, and there are no reports of VISA or vancomycin-resistant *S. aureus* cases in children, thus leaving this code to primarily represent VRE infections.<sup>13-16</sup> This code has been used to identify VRE infections in other studies.<sup>5,17</sup> To minimize misclassification bias and to identify hospitalizations with VRE infection as opposed to hospitalizations in which VRE colonization was identified during screening programs, subjects must have had the diagnosis code V09.8 without the concurrent HCUP Clinical Classifications Software (CCS) code 1.5, which represents immunizations and screening for infectious disease. HCUP CCS is a health services research tool provided by the Agency for Healthcare Research and Quality for grouping ICD-9-CM diagnosis and procedure codes into clinically meaningful categories.<sup>18</sup> We used the multilevel CCS diagnoses and procedure codes, which allow for expansion or compression to more or less specific categorization.

Available demographic data include gender, race, age, payer type, geographic region, and geographic location (rural versus urban) of the hospital. Race was grouped into white, black, Hispanic, and other, based on race classification provided in the HCUP-KID. Payer type was grouped into private insurance, public insurance, and uninsured. The hospital region was designated Northeast, Midwest, South, or West.

To evaluate associated conditions, HCUP CCS was used to classify the ICD-9-CM diagnostic codes and procedure codes into clinically meaningful categories. The third specificity level CCS diagnostic and procedure categories in patients with VRE infection were ranked in order of frequency. The most common 70% of both diagnostic and procedure CCS codes were selected for further analysis and corresponded to any code occurring at a frequency of  $\geq 10$  times.

Diagnoses and procedures occurring less frequently were not believed to be clinically significant risk factors for disease. A logistic regression model was then generated to determine the association of these comorbid conditions with VRE infection. Two modifications to the CCS were made. First, the ICD-9-CM code V09.8 for VRE was removed from the CCS code 1.1, which represents "bacterial infection." Second, the ICD-9-CM code 008.45 for *Clostridium difficile* infection (CDI) was removed from the CCS code 9.1 for "intestinal infection" and evaluated individually, because of our interest in evaluating the relationship between this pathogen and VRE infection.

The outcomes used to determine the impact of VRE infection included death, length of hospital stay (LOS), and hospitalization costs. Estimated costs using cost-to-charge ratios were available only for years 2003, 2006, 2009, and 2012. Therefore, the evaluation of hospitalization costs were calculated by using only those years. The outcome of death was defined as subject death during the recorded hospitalization. LOS was evaluated as the number of days hospitalized. Costs were adjusted to June 2015 dollars using the US Consumer Price Index for inpatient hospital services.<sup>19</sup> The study was approved by our institutional review board. All patient data were deidentified.

### Data Analysis

Continuous data were summarized as mean values with SDs, and categorical data were presented as frequencies and percentages. When data were not normally distributed, they were summarized as median values with an interquartile range. The  $\chi^2$  test and *t* test were used to conduct comparisons between groups. The rate of VRE infections was calculated with the total number of pediatric hospitalizations as the denominator. Analysis for trend during the 6 periods of our study was completed using the Cochran–Armitage test for trend. All summary descriptive results and logistic regression modeling used population weights, provided by HCUP-KID, to produce national estimates and appropriate standard errors for significance testing.

To evaluate the conditions associated with VRE infection among pediatric inpatients, a

multivariable logistic regression was fitted with the presence or absence of VRE as the dichotomous outcome variable. Backward selection was used to fit a model including significant second-level-specificity CCS categories, demographic variables (age, gender, race, hospital region, urban versus rural hospital location, and payer type) and calendar year.  $P < .05$  was the threshold for retention during the backward selection process. To evaluate the outcomes of death, LOS, charges, and costs, a case-control match was performed. To account for unobservable confounders such as comorbid diseases and procedures, which are likely to be associated with both VRE infection and the hospitalization outcomes being evaluated, we generated high-dimensional propensity scores by logistic regression analysis.<sup>20</sup> This method has previously been used in evaluating disease outcomes for other hospital-acquired infections.<sup>21–23</sup> VRE infection was the dependent variable, and demographic variables, hospital/geographic variables, and 389 of the most common comorbid diagnostic and procedure CCS codes, as discussed previously, were the independent variables in the model. Patients with an indication of VRE infection (cases) were matched by high-dimensional propensity score, using a greedy matching algorithm, to patients who did not have VRE (controls), with a 1-to-5 matching ratio.<sup>24</sup> This algorithm matched cases to 5 control subjects who had the closest propensity score, thus providing the most similar possible match based on all demographic, diagnostic, and procedure categories used for generation of the propensity score.

Balance after matching was assessed by visually inspecting the distribution of propensity scores as well as evaluating standardized difference for all comorbid and diagnostic variables used in the generation of the propensity score.<sup>25,26</sup> Any standardized difference  $< 0.1$  is generally accepted as denoting negligible imbalance between cases and controls.<sup>27</sup> The standardized difference of the propensity scores as a collective measurement of the match balance improved from 0.4502 before the match to 0.0056 after the match.

Conditional logistic regression was used to evaluate the effect of VRE infection on the

likelihood of the categorical variable (death). Odds ratios (ORs) and 95% confidence intervals (CIs) are provided to identify the strength and significance of VRE infection. To estimate and compare the effects of the continuous variables cost and LOS between VRE and their matched controls, we used a generalized linear mixed model. A  $\gamma$  distribution was used to model cost, whereas LOS was modeled using a negative binomial distribution.<sup>22,28</sup> The VRE indicator was used as a fixed effect along with other covariates such as age, gender, race/ethnicity, insurance, year, and propensity score (to account for variability across the matched cohorts). The matching of case and controls was taken into account by introducing a random effect for the matching identifier. Least-squares estimates and 95% CIs were obtained from the fitted models. Outcome analyses, including postmatch standardized difference calculation, did not include weights, as cases were directly compared with controls. SAS 9.3 (SAS Institute, Cary, North Carolina) was used for all statistical analysis.

### RESULTS

The total weighted number of pediatric inpatients discharged during the 6 years of our study was 39 509 060. Of these, 3356 (0.008%) were identified as having VRE infection. Demographic data are summarized in Table 1. The median (SD) age of hospitalized children with VRE infection was 6.66 (6.47) years, compared with 3.13 (5.38) in those without VRE ( $P < .001$ ). There were significant differences between these 2 groups in race/ethnicity ( $P < .001$ ), hospital location ( $P < .001$ ), and payer type ( $P < .001$ ). There was a substantial and significant rise in the national trend of VRE infections in hospitalized children over the 6 time periods we analyzed (Fig 1) ( $P < .001$ ), especially between 2003 and 2009.

The CCS code 1.1, representing bacterial infection (excluding VRE), was the CCS code most highly associated with VRE infection (Table 2). Of these infections, methicillin-sensitive *S. aureus*, group D *Streptococcus* (an older classification of *Enterococcus spp.*), *Escherichia coli*, methicillin-resistant *S. aureus*, and *Pseudomonas* were the most frequently encountered. Other highly

**TABLE 1** Descriptive Profile of Patients 0 to 18 Years of Age With and Without VRE Infection

Characteristic	Indication of VRE on Hospital Discharge File	
	VRE	No VRE
Discharges, total	3356 (0.008)	39 505 704 (99.992)
Mean age in years (SD) <sup>a</sup>	6.66 (6.47)	3.13 (5.38)
Gender <sup>b</sup>		
Female	1699 (50.7)	19 597 617 (49.8)
Male	1656 (49.3)	19 717 485 (50.2)
Race/ethnicity <sup>a,b</sup>		
White	1423 (50.0)	16 709 584 (55.5)
Black	448 (15.7)	4 865 956 (16.2)
Hispanic	791 (27.8)	6 666 177 (22.1)
Other	184 (6.5)	1 879 256 (6.2)
Geographic region <sup>a</sup>		
Northeast	511 (15.2)	6 968 229 (17.6)
Midwest	694 (20.8)	8 638 395 (21.9)
South	1055 (31.4)	14 686 559 (37.2)
West	1095 (32.6)	9 212 521 (23.3)
Metropolitan statistical area <sup>a,b</sup>		
Rural	167 (5.2)	4 935 773 (12.7)
Urban	3039 (94.8)	33 972 884 (87.3)
Insurance <sup>a,b</sup>		
Private	1318 (39.4)	19 379 652 (49.2)
Public	1728 (51.6)	16 879 839 (42.8)
Uninsured	300 (9.0)	3 145 222 (8.0)

Data are presented as *n* (%) unless noted otherwise.

<sup>a</sup> Across all variable categories, there is a significant difference between patients with VRE and those without VRE ( $P < .0001$ ).

<sup>b</sup> Missing values are the reason numbers across categories within variables do not sum to total number of discharges. Categorical percentages are based on the number of patients reported in the database.

## DISCUSSION

Our study identified a substantial rise in the hospitalization rate of VRE infection among pediatric patients over the past decade, paralleling the rise seen in hospitalized adult populations.<sup>17</sup> Additionally, VRE infection was associated with several comorbid diagnoses and procedures that can be broadly grouped into conditions involving immune suppression and extensive health care and antibiotic exposure. VRE infection was associated with increased duration and cost of hospitalization.

Compared with children without VRE, those hospitalized with VRE infections were significantly older and more likely to be Hispanic, to be living in the West, to be hospitalized in urban hospitals, and to have public health care insurance (Table 1). This differs from the results of other studies of VRE epidemiology, which identify the Northeast as having the most VRE hospitalizations in all age groups.<sup>17,29</sup> These geographic differences in VRE prevalence could be related to strain variation or hospital-unique antibiotic prescribing practices and infection control procedures. The association of VRE with public insurance payer type may be related to longer hospital stays or may be a true health care disparity.<sup>30</sup>

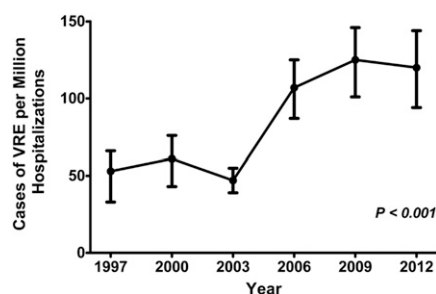
The cause of this increase in VRE infection may be a combination of the same factors seen in adults, including an increasing number of critically ill and immunosuppressed at-risk patients, selective pressure from broad-spectrum antibiotics, and increased nosocomial transmission due to breaches in infection control practices. Both cephalosporins and vancomycin have been shown to select for intestinal carriage of VRE.<sup>31,32</sup> We know from Bolon et al<sup>33</sup> that more than a third of initial courses of vancomycin are inappropriate, which has led to a push for institutional antimicrobial stewardship programs to help regulate the use of vancomycin and other broad-spectrum antibiotics. Evidence of rising VRE infections among hospitalized children further highlights the importance of appropriate stewardship of these drugs.

In recent years, both the use of oral vancomycin in pediatric patients with CDI

associated comorbid diagnoses and procedures included malignancies, invasive procedures and surgeries (such as nephrotomy and nephrostomy), and diseases that involve immune suppression

and antibiotic exposure, notably cystic fibrosis, immunity disorders, bone marrow transplant, and CDI (Table 2).

VRE infection had a significant impact on the burden of hospitalization. There were 1995 individual children with a VRE infection successfully matched to 9975 similar controls using the propensity score match system described. Using multivariable conditional logistic regression on this 1:5 case-control matched set, children with VRE had an attributable difference of 2.1 more days ( $P < .001$ ) for LOS and \$8233 ( $P = .004$ ) greater hospitalization costs than children without VRE (Table 3). VRE infection was not associated with an increased risk of death, however. There were 41 (2.1%) patients with VRE who died during their hospitalization compared with 189 (1.9%) matched controls (OR 1.03; 95% CI 0.73–1.47).



**FIGURE 1** Trend in the national estimate of VRE infection in hospitalized children ages 0 to 18 years. Outer lines represent upper and lower 95% CIs. Significance was tested using the Cochrane–Armitage test of trend.



**TABLE 2** Comorbid Clinical Diagnoses and Procedure Classifications (CCS codes) Most Highly Associated With VRE Infection

Condition or Procedure	Adjusted OR (95% CI)
Bacterial infection (excluding VRE)	21.39 (19.33–23.61)
CDI	6.16 (4.37–8.68)
Cystic fibrosis	5.31 (4.47–6.30)
Neoplasms	2.89 (2.59–3.23)
Diseases of the urinary system	2.21 (2.03–2.41)
Intestinal infection (excluding CDI)	1.99 (1.62–2.45)
Spinal cord injury	1.99 (1.35–2.93)
Other infections, including parasitic	1.84 (1.44–2.35)
Immunity disorders	1.82 (1.44–2.32)
Nephrotomy and nephrostomy	3.00 (1.78–5.06)
Other therapeutic ear procedures	2.86 (1.77–4.65)
Destruction of lesion of retina and choroid	2.68 (1.45–4.94)
Microscopic examination (bacterial smear, culture, toxicology)	2.33 (1.23–4.39)
Bone marrow transplant	2.10 (1.68–2.62)

Diagnostic and procedural ICD-9-CM codes were grouped into clinically relevant categories using CCS. CCS codes have multiple levels, allowing for increasing or decreasing specificity in diagnoses and procedures. For this analysis, we used second-level CCS codes.

The CCS category most highly associated with VRE in our study was the presence of bacterial infections other than VRE. Children being treated for comorbid infections were 21 times more likely to have a diagnosis of VRE, which could represent increased exposure to antibiotics in especially vulnerable hosts. Additionally, *Enterococcus* infections (including VRE) in both adults and pediatric patients are frequently described as occurring in the presence of cocolonizing pathogens or as part of polymicrobial infections, which is consistent with the findings of our study.<sup>42–44</sup> Other comorbid conditions highly associated with VRE infection include malignancies, diseases of the urinary system, and intestinal infections. The procedures most strongly associated with VRE infection were nephrotomy and nephrostomy. Involvement of the gastrointestinal tract and genitourinary tract is significant, as these are sites of *Enterococcus* colonization and serve as potential portals of entry for invasive VRE infections. Many of these highly associated conditions, such as cystic fibrosis, involve broad-spectrum antibiotic exposure, which can provide selection pressure for the development of VRE colonization. Conditions involving immune suppression, including bone marrow transplantation, place children at risk for invasive VRE infection. Children with many of these comorbid conditions and procedures spend a significant amount of time in the hospital, increasing their chance of becoming colonized with VRE through nosocomial spread. These identified risk factors are consistent with those identified in studies of both adult and pediatric patients, which include previous invasive procedures and surgery, recent exposure to antibiotics, immunosuppressive status, and presence of indwelling devices.<sup>45,46</sup> In addition to the rise in hospitalizations for VRE, we also showed that VRE infection

and the overall numbers of children with CDI have been rising.<sup>23,34</sup> Our study showed that patients hospitalized with CDI were 6 times as likely to have VRE infection as those without CDI. There have been reports of this association in adults, including one in a small group of VRE-colonized patients with leukemia, which identified CDI as a risk factor for developing VRE bacteremia.<sup>35</sup> To our knowledge, this is the first report of an association between VRE infection and CDI in pediatric patients. This correlation could be due to increased use of oral vancomycin in children with CDI, providing selection pressure for VRE colonization, or may simply be a reflection of broad-spectrum antibiotic use as a risk factor for the development of both conditions.

VRE outbreaks have been well described as resulting from cross-contamination through lapses in infection control practices and high colonization pressure, with contaminated equipment and health care

workers' hands being the most common modes of transmission.<sup>36–38</sup> In a study of VRE bloodstream infections (BSIs) in children, 36% were proven through pulse-field electrophoresis to have resulted from nosocomial spread, and both individual and aggregate vancomycin use was not associated with VRE BSI, indicating that nosocomial spread is the largest driving force for VRE infections in children.<sup>39</sup> The significant rise in hospitalizations for VRE infection in children observed in our study is worrisome and highlights the importance of strict adherence to infection control policies. Guidelines for hospital infection control, including the prevention of VRE transmission, are available from the Health Care Infection Control Practices Advisory Committee.<sup>40</sup> Use of such guidelines, along with provider education, was shown to interrupt VRE transmission in an outbreak setting among pediatric oncology patients.<sup>41</sup>

**TABLE 3** Estimated LOS and Costs Attributable to VRE Infection

Item	VRE	No VRE	Attributable Difference	Ratio	P value
Length of stay, d	14.3 d (14.1–14.6)	12.2 d (12.0–12.4)	2.1	1.18	<.001
Costs for years 2003–2012, \$	51 020 (43 463–59 891)	42 787 (37 797–48 434)	8233	1.19	.004

Length of stay and costs values represent least-squared estimate means (CIs).

had a significant impact on the burden of hospitalizations in pediatric patients. Children with VRE had longer hospital stays and higher hospitalization costs than patients without VRE. This clarifies a financial incentive for preventing VRE nosocomial transmission. VRE infection, however, was not associated with a greater likelihood of death. This is in contrast to the increased mortality reported among adults with VRE BSI.<sup>10,47</sup> This difference in VRE outcomes may be because our study evaluated all VRE infections, including less invasive infections of the urinary tract and skin and soft tissue infections. However, a study comparing 39 children with VRE BSI to 339 with vancomycin-susceptible *Enterococcus* BSI also found no statistically significant difference in mortality between groups.<sup>45</sup>

One limitation of this study was the use of administrative data for the case definition of VRE infection, which is prone to misclassification bias. Although other studies have used this ICD-9-CM code to represent VRE disease, in some cases it could represent asymptomatic colonization identified through targeted screening. To minimize this bias, we excluded cases containing a code for the screening of infectious diseases. In addition, lacking clinical information, we could not confirm the cause of hospitalization, source (BSI, urinary tract infection), timing of VRE infection (hospital vs community acquired), species of VRE (*E. faecium* vs *E. faecalis*), additional antibiotic susceptibilities, other medical treatments given, or long-term outcomes. Finally, because the HCUP-KID database only reports hospital discharges, some of the VRE cases could represent patients readmitted with the same diagnosis.

Our study also has major strengths. This large database is representative of the entire US pediatric hospitalized population, allowing us to report what is to date the largest study of VRE in children. We acknowledge that these cases are not culture-confirmed; however, we believe our data represent the general trend of VRE infections among hospitalized children. Beyond the rising trend of VRE cases, the use of a high-dimensional propensity score

attempted to control for confounding and burden of disease associated with both VRE and our outcome measures, providing an accurate estimation of the impact of this infection.

## CONCLUSIONS

This study, the first to describe the large-scale epidemiology of VRE in US children, revealed a marked rise in the trend of this challenging infection among hospitalized pediatric patients over the last decade. The comorbid conditions identified here are helpful in highlighting the patient populations most at risk for VRE infection and support targeted surveillance programs already in place in many transplant and oncology units. Finally, we demonstrated that VRE is associated with increased costs and longer duration of pediatric hospitalization, which implies that efforts to limit its spread would both benefit individual patients and provide cost savings. We can only speculate as to the reasons for the increase of VRE in children, but regardless of the cause, the results underscore the importance of efforts to curb the spread of this pathogen.

## REFERENCES

- Arias CA, Murray BE. The rise of the Enterococcus: beyond vancomycin resistance. *Nat Rev Microbiol*. 2012;10(4):266–278
- Bonten MJ, Willems R, Weinstein RA. Vancomycin-resistant enterococci: why are they here, and where do they come from? *Lancet Infect Dis*. 2001;1(5):314–325
- Uttley AH, Collins CH, Naidoo J, George RC. Vancomycin-resistant enterococci. *Lancet*. 1988;1(8575–8576):57–58
- Morris JG Jr, Shay DK, Hebden JN, et al. Enterococci resistant to multiple antimicrobial agents, including vancomycin. Establishment of endemicity in a university medical center. *Ann Intern Med*. 1995;123(4):250–259
- Ramsey AM, Zilberberg MD. Secular trends of hospitalization with vancomycin-resistant enterococcus infection in the United States, 2000–2006. *Infect Control Hosp Epidemiol*. 2009;30(2):184–186
- Bradley CR, Fraise AP. Heat and chemical resistance of enterococci. *J Hosp Infect*. 1996;34(3):191–196
- Dunny GM, Leonard BA, Hedberg PJ. Pheromone-inducible conjugation in *Enterococcus faecalis*: interbacterial and host-parasite chemical communication. *J Bacteriol*. 1995;177(4):871–876
- Bagga B, Shenep JL. Management of infections caused by vancomycin-resistant gram-positive bacteria. *Pediatr Infect Dis J*. 2010;29(7):662–664
- Deshpande LM, Fritsche TR, Moet GJ, Biedenbach DJ, Jones RN. Antimicrobial resistance and molecular epidemiology of vancomycin-resistant enterococci from North America and Europe: a report from the SENTRY antimicrobial surveillance program. *Diagn Microbiol Infect Dis*. 2007;58(2):163–170
- Bhavnani SM, Drake JA, Forrest A, et al. A nationwide, multicenter, case-control study comparing risk factors, treatment, and outcome for vancomycin-resistant and -susceptible enterococcal bacteremia. *Diagn Microbiol Infect Dis*. 2000;36(3):145–158
- Singh-Naz N, Sleemi A, Pikis A, Patel KM, Campos JM. Vancomycin-resistant *Enterococcus faecium* colonization in children. *J Clin Microbiol*. 1999;37(2):413–416
- Agency for Healthcare Research and Quality Healthcare Cost and Utilization Project (HCUP). Introduction to the HCUP KIDS' Inpatient Database (KID). Available at: [www.hcup-us.ahrq.gov/db/nation/kid/kid\\_2009\\_introduction.jsp](http://www.hcup-us.ahrq.gov/db/nation/kid/kid_2009_introduction.jsp). Accessed January 1, 2016
- Goldman JL, Harrison CJ, Myers AL, Jackson MA, Selvarangan R. No evidence of vancomycin minimal inhibitory concentration creep or heteroresistance identified in pediatric *Staphylococcus aureus* blood isolates. *Pediatr Infect Dis J*. 2014;33(2):216–218
- Richter SS, Satola SW, Crispell EK, et al. Detection of *Staphylococcus aureus* isolates with heterogeneous intermediate-level resistance to vancomycin in the United States. *J Clin Microbiol*. 2011;49(12):4203–4207

15. Sievert DM, Rudrik JT, Patel JB, McDonald LC, Wilkins MJ, Hageman JC. Vancomycin-resistant *Staphylococcus aureus* in the United States, 2002-2006. *Clin Infect Dis*. 2008;46(5):668-674
16. Zheng X, Qi C, Arrieta M, O'Leary A, Wang D, Shulman ST. Lack of increase in vancomycin resistance of pediatric methicillin-resistant *Staphylococcus aureus* isolates from 2000 to 2007. *Pediatr Infect Dis J*. 2010;29(9):882-884
17. Zilberberg MD, Shorr AF, Kollef MH. Growth and geographic variation in hospitalizations with resistant infections, United States, 2000-2005. *Emerg Infect Dis*. 2008;14(11):1756-1758
18. Agency for Healthcare Research and Quality Healthcare Cost and Utilization Project (HCUP). Clinical Classifications Software (CCS) for ICD-9-CM. Available at: [www.hcup-us.ahrq.gov/toolssoftware/ccs/ccs.jsp](http://www.hcup-us.ahrq.gov/toolssoftware/ccs/ccs.jsp). Accessed January 1, 2016.
19. Bureau of Labor Statistics. Archived Consumer Price Index Detail Report Information. Available at: [www.bls.gov/cpi/cpi\\_dr.htm#2013](http://www.bls.gov/cpi/cpi_dr.htm#2013). Accessed January 1, 2016.
20. Schneeweiss S, Rassen JA, Glynn RJ, Avorn J, Mogun H, Brookhart MA. High-dimensional propensity score adjustment in studies of treatment effects using health care claims data. *Epidemiology*. 2009;20(4):512-522
21. Goudie A, Dynan L, Brady PW, Fieldston E, Brill R, Walsh KE. Costs of venous thromboembolism, catheter-associated urinary tract infection, and pressure ulcer. *Pediatrics*. 2015;136(3):432-439
22. Goudie A, Dynan L, Brady PW, Rettiganti M. Attributable cost and length of stay for central line-associated bloodstream infections. *Pediatrics*. 2014;133(6):e1525-e1532
23. Nylund CM, Goudie A, Garza JM, Fairbrother G, Cohen MB. Clostridium difficile infection in hospitalized children in the United States. *Arch Pediatr Adolesc Med*. 2011;165(5):451-457
24. Parsons LS. Performing a 1:N case-control match on propensity score. Presented at 29th Annual SAS Users Group International Conference, May 9-12, 2004, Montreal, Canada
25. Austin PC. Assessing balance in measured baseline covariates when using many-to-one matching on the propensity-score. *Pharmacoepidemiol Drug Saf*. 2008;17(12):1218-1225
26. Yang D. Standardized difference: an index to measure the effect size between two groups. Presented at: SAS Global Forum, April 22-25, 2012, Orlando, FL
27. Faries D, Leon AC, Haro JM, Obenchain RL. *Analysis of Observational Health Care Data Using SAS*, 1st ed. Cary, NC: SAS Institute Inc; 2010
28. Manning WG, Basu A, Mullahy J. Generalized modeling approaches to risk adjustment of skewed outcomes data. *J Health Econ*. 2005;24(3):465-488
29. Reik R, Tenover FC, Klein E, McDonald LC. The burden of vancomycin-resistant enterococcal infections in US hospitals, 2003 to 2004. *Diagn Microbiol Infect Dis*. 2008;62(1):81-85
30. Weiss AJ, Elixhauser A. Overview of Hospital Stays in the United States, 2012. HCUP Statistical Brief #180, October 2014. Agency for Healthcare Research and Quality, Rockville, MD. Available at: [www.hcup-us.ahrq.gov/reports/statbriefs/sb180-Hospitalizations-United-States-2012.pdf](http://www.hcup-us.ahrq.gov/reports/statbriefs/sb180-Hospitalizations-United-States-2012.pdf). Accessed January 1, 2016.
31. Rice LB. Emergence of vancomycin-resistant enterococci. *Emerg Infect Dis*. 2001;7(2):183-187
32. Van der Auwera P, Pensart N, Korten V, Murray BE, Leclercq R. Influence of oral glycopeptides on the fecal flora of human volunteers: selection of highly glycopeptide-resistant enterococci. *J Infect Dis*. 1996;173(5):1129-1136
33. Bolon MK, Arnold AD, Feldman HA, et al. Evaluating vancomycin use at a pediatric hospital: new approaches and insights. *Infect Control Hosp Epidemiol*. 2005;26(1):47-55
34. Schwenk HT, Graham DA, Sharma TS, Sandora TJ. Vancomycin use for pediatric Clostridium difficile infection is increasing and associated with specific patient characteristics [published online ahead of print June 24, 2013]. *Antimicrob Agents Chemother*
35. Roghmann MC, McCarter RJ Jr, Brewrink J, Cross AS, Morris JG Jr. Clostridium difficile infection is a risk factor for bacteremia due to vancomycin-resistant enterococci (VRE) in VRE-colonized patients with acute leukemia. *Clin Infect Dis*. 1997;25(5):1056-1059
36. Bonten MJ, Hayden MK, Nathan C, et al. Epidemiology of colonisation of patients and environment with vancomycin-resistant enterococci. *Lancet*. 1996;348(9042):1615-1619
37. Livornese LL Jr, Dias S, Samel C, et al. Hospital-acquired infection with vancomycin-resistant Enterococcus faecium transmitted by electronic thermometers. *Ann Intern Med*. 1992;117(2):112-116
38. Slaughter S, Hayden MK, Nathan C, et al. A comparison of the effect of universal use of gloves and gowns with that of glove use alone on acquisition of vancomycin-resistant enterococci in a medical intensive care unit. *Ann Intern Med*. 1996;125(6):448-456
39. Di Pentima MC, Chan S, Briody C, Power M, Hossain J. Driving forces of vancomycin-resistant *E. faecium* and *E. faecalis* blood-stream infections in children. *Antimicrob Resist Infect Control*. 2014;3(1):29
40. Siegel JD, Rhinehart E, Jackson M, Chiarello L; Health Care Infection Control Practices Advisory Committee. 2007 Guideline for isolation precautions: preventing transmission of infectious agents in health care settings. *Am J Infect Control*. 2007;35(10 Suppl 2):S65-S164
41. Nolan SM, Gerber JS, Zaoutis T, et al. Outbreak of vancomycin-resistant enterococcus colonization among pediatric oncology patients. *Infect Control Hosp Epidemiol*. 2009;30(4):338-345
42. Garrison RN, Fry DE, Berberich S, Polk HC Jr. Enterococcal bacteremia: clinical implications and determinants of death. *Ann Surg*. 1982;196(1):43-47

43. Graham PL III. Staphylococcal and enterococcal infections in the neonatal intensive care unit. *Semin Perinatol.* 2002;26(5):322–331
44. Meyer E, Ziegler R, Mattner F, Schwab F, Gastmeier P, Martin M. Increase of patients co-colonised or co-infected with methicillin-resistant *Staphylococcus aureus*, vancomycin-resistant *Enterococcus faecium* or extended-spectrum  $\beta$ -lactamase-producing Enterobacteriaceae. *Infection.* 2011; 39(6):501–506
45. Haas EJ, Zaoutis TE, Prasad P, Li M, Coffin SE. Risk factors and outcomes for vancomycin-resistant enterococcus bloodstream infection in children [published online ahead of print August 31, 2010]. *Infect Control Hosp Epidemiol.*
46. Omotola AM, Li Y, Martin ET, et al. Risk factors for and epidemiology of community-onset vancomycin-resistant *Enterococcus faecalis* in southeast Michigan. *Am J Infect Control.* 2013; 41(12):1244–1248
47. DiazGranados CA, Zimmer SM, Klein M, Jernigan JA. Comparison of mortality associated with vancomycin-resistant and vancomycin-susceptible enterococcal bloodstream infections: a meta-analysis. *Clin Infect Dis.* 2005;41(3): 327–333

### ***The Bear in the Grey Pajamas***

*One by one, they file in. They stand around our crib in different shapes and poses. I can see all of their faces from where I'm set. I smile at everyone and watch as they look at him. Their eyes dart around his face – first noticing the long, thin bulge under the right side of his scalp then his flickering gaze. Their tired smiles grow weary and some look away. The others keep staring. Sooner or later they gaze up from their papers and they look at him again. This time their smiles are strained and forced; smiles already made somber by the look of things. Their sadness makes me sad. If my smile weren't stitched on, mine would probably be sad too. Because I know where this is headed... I've heard them talk when the boy sleeps. But still they file in. And still they try to smile. Those same sad smiles. Then it happens. There's a real smile. Maybe at how little his feet are or how he flails his arms above his head. As soon as he sees it, he smiles back. The happiest smile that could only exist without ever knowing sadness. And their smiles become real.*

*Signed,  
The Bear in the Gray Pajamas*

*ENS Joshua Kotler, BSc (MC, USNR)*  
Georgetown University Medical Center, Washington D.C.



## Rising Vancomycin-Resistant Enterococcus Infections in Hospitalized Children in the United States

Daniel J. Adams, Matthew D. Eberly, Anthony Goudie and Cade M. Nylund

*Hospital Pediatrics* 2016;6;404

DOI: 10.1542/hpeds.2015-0196 originally published online June 1, 2016;

<b>Updated Information &amp; Services</b>	including high resolution figures, can be found at: <a href="http://hosppeds.aappublications.org/content/6/7/404">http://hosppeds.aappublications.org/content/6/7/404</a>
<b>References</b>	This article cites 38 articles, 5 of which you can access for free at: <a href="http://hosppeds.aappublications.org/content/6/7/404.full#ref-list-1">http://hosppeds.aappublications.org/content/6/7/404.full#ref-list-1</a>
<b>Subspecialty Collections</b>	This article, along with others on similar topics, appears in the following collection(s): <b>Epidemiology</b> <a href="http://classic.hosppeds.aappublications.org/cgi/collection/epidemiology_sub">http://classic.hosppeds.aappublications.org/cgi/collection/epidemiology_sub</a> <b>Infectious Disease</b> <a href="http://classic.hosppeds.aappublications.org/cgi/collection/infectious_diseases_sub">http://classic.hosppeds.aappublications.org/cgi/collection/infectious_diseases_sub</a>
<b>Permissions &amp; Licensing</b>	Information about reproducing this article in parts (figures, tables) or in its entirety can be found online at: <a href="https://shop.aap.org/licensing-permissions/">https://shop.aap.org/licensing-permissions/</a>
<b>Reprints</b>	Information about ordering reprints can be found online: <a href="http://classic.hosppeds.aappublications.org/content/reprints">http://classic.hosppeds.aappublications.org/content/reprints</a>

**Rising Vancomycin-Resistant Enterococcus Infections in Hospitalized Children  
in the United States**

Daniel J. Adams, Matthew D. Eberly, Anthony Goudie and Cade M. Nylund  
*Hospital Pediatrics* 2016;6;404

DOI: 10.1542/hpeds.2015-0196 originally published online June 1, 2016;

The online version of this article, along with updated information and services, is  
located on the World Wide Web at:

<http://hosppeds.aappublications.org/content/6/7/404>

Hospital Pediatrics is the official journal of the American Academy of Pediatrics. A monthly publication, it has been published continuously since 2012. Hospital Pediatrics is owned, published, and trademarked by the American Academy of Pediatrics, 345 Park Avenue, Itasca, Illinois, 60143. Copyright © 2016 by the American Academy of Pediatrics. All rights reserved. Print ISSN: 2154-1663.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™

